

高

# KOSHER EXPRESS

美

All Products Made Here Are Fleishig!

Sun. - Thurs: 11:00 am - 8:00 pm  
(Summer Time) Friday: 11:00 am - 3:00 pm  
(Winter Time) Friday: 10:30 am - 2:30 pm

DELIVERY AVAILABLE Most Days

Kashrus Supervision by the R C B C  
GLATT KOSHER CHINESE FOOD TO TAKE OUT  
SZECHUAN, HUNAN & CANTONESE STYLE

Tel : (201) 791-8818  
(201) 791-3060

www.FLKexp.com

Please Order Online or By Phone

Two Blocks From  
Congregation Shomrei Torah

22 -16 Morlot Avenue  
Fair Lawn, N.J. 07410

Ask about our CATERING MENU

PLEASE CIRCLE THE PRICE ON ITEMS DESIRED

## LUNCH SPECIAL \$12.19

(11:00 am - 3:00 pm) Served w. Fried Rice, & YOUR Choice of Beverage or Plain Clear Soup.

Add: Meat Egg Roll Add \$2.11 Veg Egg Roll Add \$1.88 Plain Lo Mein Instead of Rice Add \$2.00

- |                               |  |
|-------------------------------|--|
| 1. Beef with Garlic Sauce     | 15. Szechuan Chicken                                     |
| 2. Beef with Broccoli         | 16. Sautéed Mixed Vegetables                             |
| 3. Pepper Steak with Onions   | 17. Beef with Mixed Vegetables                           |
| 4. Beef with Snow Peas        | 18. Lo Mein (Pick one Beef, Chicken, Tofu, Veal, Veggie) |
| 5. Beef with Mushrooms        | 19. Curry Chicken w. Onions                              |
| 6. Hot & Spicy Beef           | 20. Chicken with Snow Peas                               |
| 7. Sweet & Sour Chicken       | 21. General Tso's Chicken                                |
| 8. Sesame Chicken             | 22. Chicken with Eggplant                                |
| 9. Moo Goo Gai Pan            | 23. Chicken with Mixed Vegetables                        |
| 10. Chicken with Broccoli     | 24. Kong Po Steak Ding                                   |
| 11. Chicken with Garlic Sauce | 25. Chicken with Mushrooms                               |
| 12. Chicken with Cashew Nuts  | 26. Fried Chicken Wings                                  |
| 13. Kong Po Chicken           | 27. Chicken with String Beans                            |
| 14. Hot Hunan Chicken         | 28. Sautéed String Beans                                 |

### APPETIZERS

- |  |             |
|--|-------------|
| 1. Vegetable Egg Roll (Not Pareve)     | 2.77        |
| 2. Egg Roll                            | 3.19        |
| 3. Steamed or Fried Meat Dumplings (6) | 9.52        |
| 4. Steamed or Fried Veg. Dumplings (6) | 9.52        |
| 5. Cold Noodle w. Sesame Sauce         | 8.63        |
| 6. Fried Chicken Wings (4) (8)         | 6.19 11.86  |
| 7. Barbecued Beef Sticks (3) (6)       | 8.96 17.12  |
| 8. Wontons:                            |             |
| Fried or Steamed w. Garlic Sauce (12)  | 7.92        |
| 9. French Fries                        | 4.27        |
| 10. Dim Sum (5)                        | 9.52        |
| 11. B-B-Q Chicken Wings                | 12.24       |
| 12. Hot Chicken Poppers (8) (18)       | 10.99 22.49 |

### SOUP

(w. Fried Noodle)

- |                                 |       |      |
|---------------------------------|-------|------|
| 13. Plain Clear Soup            | 1.08  | 2.11 |
| 14. Egg Drop Soup               | 3.33  | 6.28 |
| 15. Wonton Soup                 | 3.42  | 6.75 |
| 16. Wonton w. Egg Drop Soup     | 3.99  | 7.32 |
| 17. Chicken Rice or Noodle Soup | 3.99  | 7.32 |
| 18. Hot & Sour Soup             | 3.99  | 7.32 |
| 19. Chicken Yat Gaw Mein        | 7.88  |      |
| 20. House Special Soup          | 10.08 |      |
| 21. Vegetable w. Tofu Soup      | 7.32  |      |
| 22. Vegetable Soup              | 3.28  | 6.42 |

### RICE

- |  |      |       |
|--|------|-------|
| 23. Plain Fried Rice                     | 4.92 | 9.00  |
| 24. Fried Rice w. Carrots, Onions & Peas | 6.00 | 11.96 |
| 25. Chicken Fried Rice                   | 7.60 | 15.19 |
| 26. Beef Fried Rice                      | 8.16 | 16.27 |
| 27. Veal* Fried Rice                     | 8.16 | 16.27 |
| 28. Vegetable Fried Rice                 | 7.08 | 13.97 |
| 29. Vegetable Brown Rice                 | 8.16 | 16.27 |
| 30. House Special Fried Rice             | 8.16 | 16.27 |
| 31. White Rice                           | 2.34 | 4.55  |
| 32. Brown Rice                           | 3.19 | 6.00  |

### CHOW MEIN

(w. White Rice & Fried Noodles)

- |                                  |      |       |
|----------------------------------|------|-------|
| 33. White Meat Chicken Chow Mein | 7.92 | 15.85 |
| 34. Beef Chow Mein               | 9.38 | 17.87 |
| 35. Veal* Chow Mein              | 9.38 | 17.87 |
| 36. Vegetable Chow Mein          | 6.47 | 12.47 |
| 37. House Special Chow Mein      | 9.38 | 17.87 |

### LO MEIN

- |                           |      |       |
|---------------------------|------|-------|
| 38. Plain Lo Mein         | 6.28 | 12.52 |
| 39. Chicken Lo Mein       | 8.72 | 17.02 |
| 40. Beef Lo Mein          | 9.38 | 17.87 |
| 41. Tofu Lo Mein          | 8.72 | 17.02 |
| 42. Veal* Lo Mein         | 9.38 | 17.87 |
| 43. Vegetable Lo Mein     | 8.16 | 15.57 |
| 44. House Special Lo Mein | 9.38 | 17.87 |

### CHOW FUN OR MEI FUN

(Large Noodles) / (Small Noodles)

- |                                      |       |
|--------------------------------------|-------|
| 45. Vegetable Chow Fun / Mei Fun     | 14.21 |
| 46. Chicken Chow Fun / Mei Fun       | 17.02 |
| 47. Beef Chow Fun / Mei Fun          | 17.87 |
| 48. Veal* Chow Fun / Mei Fun         | 17.87 |
| 49. House Special Chow Fun / Mei Fun | 17.87 |

### EGG FOO YOUNG

(w. White Rice)

- |                                 |       |
|---------------------------------|-------|
| 50. Chicken Egg Foo Young       | 16.27 |
| 51. Beef Egg Foo Young          | 17.87 |
| 52. Veal* Egg Foo Young         | 17.87 |
| 53. Vegetable Egg Foo Young     | 15.29 |
| 54. House Special Egg Foo Young | 17.87 |

### BEEF

(w. White Rice)

- |                                      |       |       |
|--------------------------------------|-------|-------|
| 55. Beef w. Broccoli                 | 14.13 | 25.37 |
| 56. Pepper Steak w. Onions           | 14.13 | 25.37 |
| 57. Curry Beef w. Onions             | 14.13 | 25.37 |
| 58. Beef w. Mixed Vegetables         | 14.13 | 25.37 |
| 59. Beef w. Mushrooms                | 14.13 | 25.37 |
| 60. Twice Cooked Beef                | 25.37 |       |
| 61. Beef w. Snow Peas                | 25.37 |       |
| 62. Beef w. Garlic Sauce             | 25.37 |       |
| 63. Hot & Spicy Beef                 | 25.37 |       |
| 64. Beef w. Scallions                | 25.37 |       |
| 65. Kong Po Steak Ding               | 25.37 |       |
| 66. Moo Shu Beef w. 4 Pancakes       | 25.37 |       |
| 67. Beef w. String Beans             | 25.37 |       |
| 68. Beef w. Eggplant in Garlic Sauce | 25.37 |       |

### CHICKEN

(w. White Rice)

- |  |       |       |
|--|-------|-------|
| 69. Chicken w. Broccoli                | 13.97 | 24.99 |
| 70. Pepper Chicken w. Onions           | 13.60 | 24.99 |
| 71. Moo Goo Gai Pan                    | 13.60 | 24.99 |
| 72. Chicken w. Mixed Vegetables        | 13.60 | 24.99 |
| 73. Curry Chicken w. Onions            | 13.60 | 24.99 |
| 74. Chicken w. Mushrooms               | 13.60 | 24.99 |
| 75. Chicken w. Snow Peas               | 13.60 | 24.99 |
| 76. Hot & Spicy Chicken                | 24.99 |       |
| 77. Chicken w. Cashew Nuts             | 24.99 |       |
| 78. Chicken w. Scallions               | 24.99 |       |
| 79. Kong Po Chicken Ding               | 24.99 |       |
| 80. Chicken w. Garlic Sauce            | 24.99 |       |
| 81. Sweet & Sour Chicken               | 13.60 | 24.99 |
| 82. Crispy Fried Chicken               | 13.60 | 24.99 |
| 83. Moo Shu Chicken w. 4 Pancakes      | 24.99 |       |
| 84. Chicken w. String Beans            | 24.99 |       |
| 85. Chicken & Eggplant w. Garlic Sauce | 24.99 |       |

### VEGETABLE

(w. White Rice)

- |                                      |       |
|--------------------------------------|-------|
| 86. Sautéed String Beans             | 16.69 |
| 87. Eggplant w. Garlic Sauce         | 16.69 |
| 88. Sautéed Mixed Vegetables         | 16.69 |
| 89. Tofu Home Style                  | 17.54 |
| 90. Tofu Szechuan Style              | 17.54 |
| 91. Broccoli w. Garlic Sauce         | 17.54 |
| 92. Hot & Spicy Tofu                 | 17.54 |
| 93. Curry Tofu w. Onions             | 17.54 |
| 94. Tofu w. Broccoli                 | 17.54 |
| 95. Moo Shu Vegetables w. 4 Pancakes | 17.54 |

\*Our Veal is a Beef Product

Healthy Hot & Spicy Kid's Favorite

Purchase \$36.00 or More  
Get 2 Egg Rolls FREE

One Offer Per Customer.

We Accept Cash, Checks and ZELLE  
PAY@FLKexp.com  
No Credit Cards Accepted

## CHEF'S SPECIALTIES

(Szechuan, Hunan & Cantonese Style)  
(w. White Rice)

- |                                      |       |
|--------------------------------------|-------|
| 1. SESAME CHICKEN                    | 25.37 |
| 2. GENERAL TSO'S CHICKEN             | 25.37 |
| 3. ORANGE FLAVORED BEEF              | 25.98 |
| 4. ORANGE FLAVORED CHICKEN           | 25.37 |
| 5. HUNAN BEEF                        | 25.37 |
| 6. HUNAN CHICKEN                     | 24.99 |
| 7. SZECHUAN BEEF                     | 25.37 |
| 8. SZECHUAN CHICKEN                  | 24.99 |
| 9. CHICKEN, BEEF & VEAL W. SCALLIONS | 27.95 |
| 10. LEMON CHICKEN                    | 24.99 |
| 11. BONELESS CHICKEN                 | 24.99 |
| 12. PINEAPPLE CHICKEN                | 24.99 |
| 13. SESAME BEEF                      | 25.98 |
| 14. DA CHIEN CHICKEN                 | 24.99 |
| 15. TRIPLE DELIGHT                   | 27.95 |
| 16. SESAME MUSHROOMS                 | 19.13 |
| 17. GENERAL TSO'S TOFU               | 19.13 |

## SPECIAL COMBINATION PLATTERS

\$17.96

Each Plate includes Fried Rice & a Choice of Any ONE of The Following:  
Egg Roll, Plain Clear Soup or Beverage

### COMPLETE DINNER \$19.70

Entree, Fried Rice, Egg Roll, Plain Clear Soup & Beverage

- |                             |
|-----------------------------|
| 1. CHICKEN CHOW MEIN        |
| 2. PEPPER STEAK             |
| 3. SWEET & SOUR CHICKEN     |
| 4. MOO GOO GAI PAN          |
| 5. BEEF W. BROCCOLI         |
| 6. CHICKEN W. BROCCOLI      |
| 7. CHICKEN LO MEIN          |
| 8. KONG PO CHICKEN          |
| 9. BEEF W. GARLIC SAUCE     |
| 10. HOT & SPICY BEEF        |
| 11. SESAME CHICKEN          |
| 12. BEEF W. SNOW PEAS       |
| 13. GENERAL TSO'S CHICKEN   |
| 14. GENERAL TSO'S TOFU      |
| 15. CHICKEN W. GARLIC SAUCE |
| 16. TOFU LO MEIN            |

### GLUTEN FREE MENU

These dishes are available STEAMED without SAUCE,  
with GLUTEN FREE SAUCE on the side  
or in the DISH. GLUTEN FREE SAUCE is an additional \$1.50

- |                                  |       |       |
|----------------------------------|-------|-------|
| W 1. Mixed Chinese Vegetables    | 9.14  | 16.69 |
| W 2. Steamed String Beans        | 9.14  | 16.69 |
| W 3. Steamed Snow Peas           | 9.14  | 16.69 |
| W 4. Steamed Broccoli            | 9.71  | 17.63 |
| W 5. Steamed Eggplant            | 9.14  | 16.69 |
| W 6. Chicken w. Mixed Vegetables | 13.04 | 24.99 |
| W 7. Beef w. Mixed Vegetables    | 13.79 | 25.37 |
| W 8. Tofu w. Mixed Vegetables    | 9.43  | 17.54 |
| W 9. Chicken w. Broccoli         | 13.04 | 24.99 |
| W10. Beef w. Broccoli            | 13.79 | 25.37 |
| W11. Chicken w. Snow Peas        | 13.04 | 24.99 |
| W12. Beef w. Snow Peas           | 13.79 | 25.37 |
| W13. Chicken w. String Beans     | 13.04 | 24.99 |
| W14. Steamed Chicken w. Eggplant | 13.04 | 24.99 |